



题型一 任务型阅读

第一节 句子(含标题)还原型 (10年9考)

话题一 做法建议

(10年5考:2020;2017;2015;2014;2012)

Passage 1 (2020 长沙改编)

文体:说明文 主题词:如何避免拖延 词数:261 做题时间:6分钟

Mark Twain once said, "Never put off till tomorrow what you can do today."

1. _____ The problem is procrastination. When procrastination becomes a habit, it can make our lives terrible. However, everyone can avoid it by taking a few simple steps today!

Make daily "to do" lists

2. _____ List the coming tasks in order of importance. You'll begin each new day with a head start, already knowing what needs to be done.

Always keep your daily plan with you. Use it to remind yourself of what you need to do next. You'll then have a much better chance of carrying out your plans.

Break large tasks up into small ones

If a project looks too big, it can discourage you from getting started. You may feel defeated before beginning. But every project is doable if it's done in small steps.

3. _____ This helps clear the unnecessary fear of having to do a large project all at one time.

Change your working environment

If your workplace is full of distractions, you'll need to make some changes.

4. _____ If people often stop by for a talk, you may need to move to a different place.

Follow the five-minute rule

The hardest part about any task is getting started. That's why so many people avoid their work until the last minute. Doing so usually leads to stress. One solution to this problem is to plan a time every day to work on your big project. 5. _____ Then decide whether or not to continue.

- A. Work on it for only five minutes.
- B. Before your day ends, make a plan for tomorrow.
- C. Begin by breaking up your task into smaller parts.
- D. The famous writer talked about a problem many of us have.
- E. You may need to clear your phone or TV from your workplace.

读写积累

【单词】

- avoid *v.* _____
- remind *v.* _____
- clear *v.* _____
- fear *n.* _____
- continue *v.* _____

【短语】

- put off _____
- carry out _____
- lead to _____
- whether or not _____

【写作佳句】

That's why so many people avoid their work until the last minute.

【我来积累】

Word Bank
 procrastination 拖延症
 defeated 受挫的
 distraction 注意力分散

Passage 2 (2020 杭州改编)

文体:说明文 主题词:如何成功实现自己的梦想 词数:309 做题时间:7 分钟

There's no easy road to success, but one thing is certain: success won't come if you don't do anything. If you have a goal, dream or purpose that you want to achieve, all you need is the right mindset and a strong set of goals.

1. _____

What would you like to do? Write down all your goals. They may be very general, such as I would like to be an engineer. I want to be famous or it would be nice to have more friends. Once you make sure what you love to do, use this information to find the purpose of your life.

2. _____

Create a to-do list for each day. For long-term projects, give yourself a daily goal or task to help you complete it. Use a calendar app on your phone or write down your promises in a plan. If you forget things easily, set alarms on your phone to remind you.

3. _____

It's hard to be successful if you don't trust the people around you. Being successful is about setting up an able team around you. If you can't trust others enough to let them do their job, you probably won't succeed at your own work.

4. _____

A mentor is someone, usually with a bit more experience than you, who offers advice and helps you in your daily life. You can ask a boss, professor, older family member or friend to be your mentor.

5. _____

Never turn your "learning switch" off. Keep listening to others, studying new skills, and learning new things. New information can help you make connections between ideas and use those ideas to make your life better.

- A. Think about your goals.
- B. Set some plans for yourself.
- C. Find a mentor to help guide you.
- D. Trust other people to do their job.
- E. Continue to learn as much as you can.

Word Bank
mindset 心态
mentor 导师
switch 开关

Passage 3 (2020 荆门改编)

文体:说明文 主题词:如何在网上聊天时规避风险 词数:252 做题时间:6 分钟

Nowadays, more and more children like to chat with friends online, but it's important to keep personal information. If you are a child who likes to have fun and chat with friends online, here are some ways about how you can stay safe and avoid problems.

Stick to safer sites. Your parents and teachers can guide you to the best sites for you. Some sites have age restrictions, so you might want to tell your untrue age.

1. _____

Guard your passwords. If someone can sign in as you, you will have no control over what they do or say. 2. _____ So don't share your passwords with anyone except your parents.

读写积累

【单词】

certain *adj.* _____
purpose *n.* _____
general *adj.* _____
offer *v.* _____

【短语】

write down _____
set up _____
turn off _____

【写作佳句】

There's no easy road to success, but one thing is certain: **success won't come if you don't do anything.**

【我来积累】

读写积累

【单词】

control *n.* _____
delete *v.* _____
uncomfortable *adj.* _____

【短语】

even if _____
right away _____
in person _____

Limit what you share. 3. _____ If you're not sure whether you should share something, ask a parent. Remember that anything you put online or post on a site is there forever, even if you try to delete it. If you wouldn't want your class to know or see something, you shouldn't share it with anyone online, not even your best friends.

4. _____ Tell an adult right away if someone says something to you that makes you uncomfortable. Also tell an adult if you see anyone bullying or saying strange things to other kids or your friends.

Be choosy about your online friends. Some sites let kids make friends with people they don't know. 5. _____ Never agree to meet an online friend in person or give out personal information about yourself.

- A. And everyone will think it's you!
- B. Always tell if you see strange or bad online behavior.
- C. Never tell a stranger where you live or your phone number.
- D. But online friends are not the same as the friends in real life.
- E. It's safer to tell the truth and avoid those sites until you're older.

Word Bank	
restriction	限制
sign in	登录
bully	欺凌

Passage 4 (2020 焦作二模改编)

文体:说明文 主题词:适应新学期的方法 词数:269 做题时间:6 分钟

Ring, ring, ring, the alarm bell sounds. It's school time again! After a long, relaxing and comfortable winter holiday, are you ready for the new term? Whether you feel excited to see your classmates or maybe a little nervous about the coming school-work, heading back to school is a time of transition. 1. _____ The followings are some ways to make the transition from holiday to school a little easier.

Deal with your nervousness

It's perfectly normal to feel nervous on the first day of school. Getting back to the school routine and fitting into new workloads take some time after a long winter break. So how can we deal with being nervous? Just think about your first day years ago. 2. _____ Just relax and be patient.

Start your school-year plan

If you went to bed and got up late during the holiday, you will have to change your body clock back to normal. Go to bed earlier the week before classes start. This way, you won't be tired after the first few days of school. 3. _____ Doing exercise or making plans for the following week are some other good ideas.

4. _____

It makes you feel organized if you are prepared and have all the things you need. It is better to pack your schoolbag the night before school starts.

Back to school fashion

5. _____ Maybe you got a new school bag during the holiday, or new sports shoes that can put a spring in your step. If you wear a school uniform, you can wear your favorite watch or a new hair band to show your personal style.

- A. Prepare your school things
- B. How can we fit into the new term?
- C. It's a good idea to wear something you like.
- D. Everything will go well once you get into the routine.
- E. Also, having some warm-ups before school time is helpful.

Word Bank	
transition	过渡
routine	惯例
workload	工作量

【写作佳句】

If you **wouldn't** want your class to know or see something, you **shouldn't** **share** it **with** anyone online, **not even** your best friends.

【我来积累】

读写积累

【单词】

break *n.* _____

normal *adj.* _____

prepare *v.* _____

style *n.* _____

【短语】

be ready for _____

make plans for _____

go well _____

【写作佳句】

If you **went to bed** and **got up late** during the holiday, you will have to change your **body clock** **back to normal**.

【我来积累】

Passage 5 (素材选自 ACTIVE SKILLS FOR READING)

文体:说明文 主题词:如何做好旅行前的准备 词数:250 做题时间:6 分钟

Travel is not a small thing. 1. _____ If people don't prepare for it well, it'll be dangerous. So here are several tips to help you travel safely.

Check Your Paperwork

2. _____ Be sure to get an international driver's license if you plan to drive when you go to a foreign country. Sometimes you need to drive a car.

Mind Your Health

Make sure that you know about the place and phone number of several local hospitals so that if you are sick or uncomfortable while traveling, you will be able to get treatment. 3. _____

Pay Attention

When you get into a taxi, make sure there is a meter. 4. _____ If you don't agree on a good price, it will cause a lot of trouble. Tour guides suggest protecting your things in busy transportation areas by always keeping it in front of you or between your legs. Also, if you are going somewhere that requires buying tickets, be sure to buy them at right place. Never buy tickets on the street.

Learn about the Locals

5. _____ And read about the local culture of the country you are going to visit. In India, you should use the right hand to eat or to give and accept things. In Thailand, it's impolite to point at somebody or something with your feet.

If you have trouble communicating, ask for help from students and young people who might speak a foreign language. And remember to smile.

- A. It's a good idea to buy a guidebook and a map.
- B. It is important for people to prepare before traveling.
- C. If there is no meter, agree on a price before starting out.
- D. Do not eat food that is too hard or too cold to avoid illness.
- E. While you prepare to set off, make sure your paperwork is organized.

Passage 6 (2021 原创)

文体:说明文 主题词:控制情绪的方法 词数:255 做题时间:6 分钟

When people meet bad traffic, they may get angry; when others don't agree with them, they may be angry, too. 1. _____ If we treat it properly, we will be happier in our lives. Therefore, I'd like to share some ways to deal with anger.

2. _____ It's sure that we will make the situation worse and quite probably hurt the feelings of others when we speak in anger. If we speak in anger, we will find that people around us will be influenced by bad emotions. So just keep silent so that the emotion of anger will leave us.

3. _____ If we value peace of mind as our most important treasure, we will not allow anger to remain in our system. As Sri Chinmoy says, "You may have every right to be angry with someone, but you should know that by getting angry with him or her you will only lose your peace of mind."

读写积累

【单词】

international *adj.*

license *n.*

suggest *v.*

culture *n.*

accept *v.*

【短语】

so that

be able to

agree on

in front of

point at

【写作佳句】

If you **have trouble** communicating, **ask for** help from students and young people **who** might speak a foreign language.

【我来积累】

读写积累

【单词】

peace *n.*

allow *v.*

remain *v.*

【短语】

agree with

deal with

be influenced by

be angry with

be useful for

【写作佳句】

Anger **is bad for both** our health **and** the relationship with others.

Look kindly upon others. 4. _____ A teacher suggested seeing the angry person as a 5-year-old child. You will forgive a helpless 5-year-old child easily. This exercise may be especially useful for close members of the family who at times cause your anger.

Anger is bad for both our health and the relationship with others. It has nothing to do with things we meet. Now that we meet difficulties, anger can not help us solve the problems. 5. _____ The ways above all can help you deal with anger effectively and live a happy life.

Word Bank
emotion 情绪
forgive 原谅
effectively 有效地

- A. Value peace more than anger.
- B. Why not treat it in another way?
- C. When you are angry, say nothing.
- D. Be kind and don't get angry with others easily.
- E. There are many things in our lives that can cause anger.

Passage 7 (2021 原创)

文体:说明文 主题词: 如何选择正确的朋友 词数:258 做题时间:6 分钟

Good friends are a treasure for a lifetime. 1. _____ So we should make friends with people who are honest, truthful and have their dreams. And we can get along well with such friends. This kind of friends help each other in learning and being a great person. But how to choose such kind of friends? The following are some useful ways.

Make sure your friends offer support and guidance. Good friends will be willing to support you, through your high points and your low points. As the saying goes "A friend in need is a friend indeed".

2. _____ Good friendships also have a good balance of giving and taking, where you feel mutually supported. You may volunteer with a group of people for the same work. You do not feel you are giving or taking more than the other person.

Decide if your friends bring out the best in you. Good friends should help you focus on how you can be yourself and achieve your goals. 3. _____ Your friends may encourage you by asking about your studies.

Discover if you can communicate effectively with your friends. 4. _____. You should be able to be yourself around your friends and feel you can share your opinions with them. Good friends will tell you when you're right and when you're wrong.

Think about if you trust your friends. Good friendships are built on mutual trust. 5. _____ Good friends will stand up for you and support you. You should also develop trusting for your friends.

Word Bank
balance 平衡
mutually 互相地

- A. You should feel you can trust your friends.
- B. You can share your thoughts and feelings freely.
- C. Consider if you have a good balance of giving and taking.
- D. For example, maybe you decide to get into a medical school.
- E. Friends can have a big influence on how you think, feel and behave.

It has nothing to do with things we meet.

【我来积累】

读写积累

【单词】

- support v. _____
- volunteer v. _____
- decide v. _____
- achieve v. _____
- encourage v. _____
- trust v. _____

【短语】

- be willing to do sth. _____
- bring out _____
- focus on _____
- stand up _____

【写作佳句】

As the saying goes "A friend **in need** is a friend indeed".

【我来积累】

话题二 英语文化现象

(10年2考:2019;2016)

Passage 8 (2021 原创)

文体:说明文 主题词:与 waste 有关的英文表达 词数:261 做题时间:6 分钟

“Waste” is something we are often told not to do. At home, parents tell us not to waste food. 1. _____ People who don't want to hear our ideas tell us not to “waste our breath”. Whether it is food, time or breath—waste is something of no value.

2. _____ If we are unhappy with someone, we can say, “Don't waste my time.” And if we are not happy with the result of something we have done, we can say, “Well, that was a complete waste of time.”

There are other ways that we use the word “waste”. 3. _____ And if someone has too much alcohol and can't control their words and actions, we can say they are “wasted”.

We also find it in some useful expressions. Here's the first one: “Haste makes waste”. The online dictionary *Merriam-Webster* says this expression was first recorded in 1678. The full saying was: “Haste makes waste, and waste makes want, and want makes strife between the good-man and his wife.” “Haste” means doing something very quickly. “Haste makes waste” means if you hurry and rush while doing something, you could make mistakes. 4. _____

The other common expression is: “Waste not, want not.” This means that if a person never wastes things, he or she will have what is needed.

This expression means being very frugal. 5. _____ They are not wasteful.

- A. We often use “waste” in arguments.
B. And it takes more time and efforts to fix mistakes.
C. In the classroom, teachers tell us not to waste time.
D. Frugal people are careful about spending money or using things.
E. If someone is losing a lot of weight, we can say they are “wasting away”.

Word Bank
alcohol 酒 haste 急速
strife 冲突 frugal 节俭的

Passage 9 (2021 原创)

文体:说明文 主题词:与 breathing room 有关的英文表达 词数:220 做题时间:6 分钟

If you are feeling nervous or stressed, a simple thing can help. 1. _____ Deeply breathing can make you calm and lower the chemicals in your body that can lead to stress. If your friends are stressed, you can tell them, “Try to breathe deeply.”

We sometimes describe these as deep cleansing breaths. 2. _____ It will make you feel relaxed.

American English has some expressions that use breath or breathing in them. One expression is breathing room. 3. _____ But it is not. “Breathing room” gives you time or space to do something, finish something or get relaxed from something. The online dictionary *Merriam-Webster* explains it as a “buffer of time, space or money, and it allows for freedom of movement or relief from a given source of pressure or stress.” 4. _____

Here is an example about time. If you have a big work project to finish in one month, you should start immediately. This will give you some breathing room. If something

读写积累

【单词】

result *n.* _____

complete *adj.* _____

useful *adj.* _____

【短语】

tell sb. (not) to do sth. _____

too much _____

【写作佳句】

And if we **are not happy with** the result of something we have done, we can say, “Well, that was **a complete waste of time.**”

【我来积累】

读写积累

【单词】

nervous *adj.* _____

describe *v.* _____

project *n.* _____

cause *v.* _____

space *n.* _____

【短语】

lead to _____

cut down _____

【写作佳句】

If something **goes wrong**, you will have time to **deal with** it.

goes wrong, you will have time to deal with it. 5. _____ And that can cause you to feel very stressed.

So, you can think of it this way: Breathing room cuts down stress. It gives you the time, money or space to get something done or to just feel relaxed.

- A. Take a deep breath.
B. This may sound like a room used especially for breathing.
C. So, time, space and money can all give us breathing room.
D. A long, deep breath feels as if it is cleaning out your body.
E. If you wait until the last minute to start it, you have no breathing room.

Word Bank

cleanse 净化
buffer 缓冲物
relief 缓解, 减轻

Passage 10 (2021 原创)

文体:说明文 主题词:与 blue 有关的英文表达 词数:250 做题时间:7 分钟

“Blue mind” explains how people feel when they are near water. 1. _____ In this phrase, it suggests both the color of water and a feeling of quiet.

The color blue is also sometimes about a feeling of safety. 2. _____ A true blue friend is honest and worth trusting.

3. _____ If you win top prize, you win a blue ribbon. Sometimes you get a piece of cloth that is the color blue. But you can also just describe something that is excellent with “blue ribbon”—such as a “blue ribbon restaurant”.

But in some other English expressions, the word “blue” is related to some more ideas. If you have the blues, you are sad, even upset. The website *Word Histories* says that this sad meaning appeared in a story in England in the 1400s. 4. _____ Hopefully, those low times do not come very often—perhaps once in a blue moon. This expression has come to mean seldom happening. It refers to the unusual times when one month includes two full moons.

Let's say you and your business partner had set up a new store. 5. _____ So, the news that she was leaving to take a new job was a bolt from the blue. The idea is that bolt appears in a clear sky.

So, what does the color blue mean for you? After all, every culture and every person reacts to colors differently.

- A. In some expressions, blue means being the best.
B. You thought you were working well together.
C. The time this story happened is called low times.
D. It means a sense of calm and happiness when one is near the water.
E. If you call someone true blue, you mean you can depend on him or her completely.

Word Bank

ribbon 缎带
bolt 晴天霹雳
react 反应

Passage 11 (2021 原创)

文体:说明文 主题词:与 rose 有关的英文表达 词数:230 做题时间:6 分钟

Are you feeling too tired? Are you so caring about moving up in your job that you feel stressed and unhappy? 1. _____

People who need to stop and smell the roses should stop working so hard. They need to slow down and take time to enjoy many things that life has offered. 2. _____ It means looking at stars in the night sky, feeling the wind blowing your hair, smelling flowers growing near a busy street.

【我来积累】

读写积累

【单词】

quiet *n.* _____

excellent *adj.* _____

upset *adj.* _____

appear *v.* _____

partner *n.* _____

【短语】

set up _____

depend on _____

【写作佳句】

A true blue friend **is** honest and **worth trusting**.

【我来积累】

读写积累

【单词】

hard *adj.* _____

enjoy *v.* _____

offer *v.* _____

perform *v.* _____

simple *adj.* _____

feed *v.* _____

3. _____ It can be anything rather small or even common. These things may seem small but they can give us great joy.

The small things could be an old married couple holding hands, a child jumping in a pool or a musician performing by your bus stop. 4. _____ But we often walk them by in a hurry to get to our next meeting place.

Very ambitious, highly driven people often need to stop and smell the roses. We sometimes call this kind of person Type A. 5. _____ So, they may have a hard time slowing down and doing something as simple as smelling flowers. Maybe for a Type A person, the best thing in the world might be working. In that case, stopping to smell the roses may give them no joy at all. Maybe the person has many mouths to feed at home and does not have time to stop and smell the roses.

- A. But the flowers do not have to be roses.
B. Often this means enjoying the beauty of nature.
C. These are the things—simple but beautiful things.
D. If so, maybe it is time for you to stop and smell the roses.

E. Such people often do not know when to sit back and stop working.

Passage 12 (2021 原创)

文体:说明文 主题词:“go off the deep end”的用法 词数:281 做题时间:6 分钟

Diving into the deep water is fun. And it can make you feel very free. If the water is deep enough, and the pool rules allow, it is safe to jump into the deep end. Some people may jump in without control.

So, it is not surprising that the phrase “go off the deep end” has other meanings—besides simply jumping into a swimming pool. 1. _____

If someone has gone off the deep end, they have gone a little crazy! They have lost self-control. 2. _____ When someone goes off the deep end, we can also say they have lost their mind!

“Go off the deep end” can also mean that you jump into a project without much-preparation or thought. You do something in a short moment—quickly and without thinking about the results.

When my friends saw me laughing to myself, they thought I had dived right off the deep end. 3. _____ Then they understood my crazy behavior.

When we go off the deep end, we experience something in the extreme. We often use this expression when talking about strong emotions: love, anger, fear and sadness. These are things we lose our minds over. We lose emotional control.

4. _____ You can dive, fall, jump or go off the deep end. And sometimes life's troubles can push you off the deep end!

So, those are the different meanings of the expression “off the deep end” and about how we use them. I hope I didn't give too many examples. 5. _____ And that's all we have for this expression.

- A. We use it in several situations.
B. They have become angry or excited.
C. I told them that I had just won \$ 10,000.
D. That may push some learners right off the deep end.
E. Did you notice the different expressions we use with “off the deep end”?

Word Bank

ambitious 雄心勃勃的

【短语】

slow down _____

mean doing sth. _____

walk by _____

in a hurry _____

kind of _____

【我来积累】

读写积累

【单词】

surprising *adj.* _____

preparation *n.* _____

understand *v.* _____

trouble *n.* _____

【短语】

lose self-control _____

lose one's mind _____

push sb. off _____

【我来积累】

Word Bank

dive 潜水

extreme 极端

emotion 情绪

话题三 学生学习

(10 年 2 考:2013;2011)

Passage 13 (素材选自 ACTIVE SKILLS FOR READING)

文体:说明文 主题词:记忆英文单词的方法 词数:236 做题时间:6 分钟

How many English words do you need to know in order to read smoothly? You certainly want to remember as many words as possible. And you surely spend a lot of time and energy in order to remember words. But do you know the right and useful ways to remember words? 1. _____

The loci method

This method is very useful for remembering words. 2. _____ Next, looking at your list of words, you'll need create an image that is unforgettable for each word. Then, imagine yourself walking down your road and put the images you connected with the words. Finally, put away the list and move along the road recalling as many words as you can.

The association method

3. _____ For example, if you are trying to remember the meaning of the word "tremendous", you might connect it with tremendously large trees and men. 4. _____ This pairing of meaning, sound, and images can help you remember new words more quickly.

The grouping method

Try to remember the following words: radio, pencil, notebook, book, market, magazine, newspaper, pen and paper. 5. _____ But try dividing the list up into different smaller groups and you'll probably find that you are able to recollect more words. This way is often used by learners.

What these three methods have in common is the idea of active learning. Why not try kinds of methods and find the ones that work best for you?

Word Bank			
loci	轨迹	image	画面
association	联想	tremendous	惊人的

- A. And don't remember these words separately.
B. Say the word "tremendous", and you think of "tree" and "men".
C. There are lots of methods for different people to remember words.
D. To keep a word to memory, it can help to connect it with an image.
E. Before using this method, it is necessary to imagine a road that you know well.

Passage 14 (2021 原创)

文体:说明文 主题词:如何高效听课 词数:259 做题时间:6 分钟

You want to learn, you want to listen to your teacher and you want to take in all of that information in class, but it's just so boring! It's hard to focus on the class when your mind wanders. How to listen in school? 1. _____ Here I'd like to share some of the things with you.

One of the things you need to do is to make sure that your mind doesn't wander. It's easy to start thinking about other things, especially when you're not interested in the subject. 2. _____

读写积累

【单词】

useful *adj.* _____

method *n.* _____

meaning *n.* _____

probably *adv.* _____

active *adj.* _____

【短语】

put away _____

for example _____

connect... with... _____

divide... into... _____

have... in common _____

【写作佳句】

You certainly want to remember **as many** words **as possible**.

Why not try **kinds of** methods and find the ones that **work best for** you?

【我来积累】

读写积累

【单词】

boring *adj.* _____

overcome *v.* _____

basic *adj.* _____

miss *v.* _____

avoid *v.* _____

gradually *adv.* _____

Next, overcome your distractions. The most basic thing you can do to help you pay attention in class is to get away from the distractions. There are lots of things that might take your attention away from the lesson. 3. _____

You'll also need to look at the teacher. Not only does this show respect to the teacher but also help prevent your mind from wandering. Many things can often make you wander. 4. _____ At that time, you may miss a very important point of knowledge taught by your teacher. So look at the teacher and avoid it.

Finally, you need to take notes because you will not remember everything the teacher said. 5. _____ You'll find that your attention gradually improves.

Listening isn't always easy. Actually, it needs several methods to improve your listening skills. If you follow these simple steps, you'll be much more successful in your classes.

- A. Like most things in school, it takes work and resolution.
- B. So make yourself pay attention to what the teacher is saying.
- C. Once you know what they are, you can find a way to overcome them.
- D. For example, it might be a friend who is trying to pass you a note.
- E. You'll have to take down the notes so that you can study them after class.

Passage 15 (2021 原创)

文体:说明文 主题词:读好书的重要性及小窍门 词数:243 做题时间:6 分钟

As the saying goes, "Reading makes wise men." Everyone knows that there are many advantages of reading good books. It can make you think deeper and improve your reading skills. 1. _____ It's very important to create a good habit to read beyond your levels. Here are tips to help you develop a better reading habit.

Decide your reading goal. It's important to start off by setting a goal to create a reading habit. 2. _____ Start by thinking about how reading pattern can help you grow in different areas of your life, spirit, career and so on.

3. _____ Once you have set your reading goal for a year, you'll need a list to fill it up. Write out a list of the amazing books you want to read.

Ask for suggestions from friends and strangers. It's important to keep listing the books you would like to read for each month, because it can remind you to know what to read next clearly. 4. _____ He will encourage you when you feel tired or can't move on. Get a friend and create a plan to help you achieve your reading goals.

In order to truly achieve your reading goals, you'll need to set up simple systems. 5. _____ And being hungry to grow over your comfort place is helpful to achieve reading goals.

When you start to read, try to use these tips. You will got something different.

- A. Make a list of books for each month.
- B. This goal should be clear with a purpose.
- C. Get a responsible reading friend to help improve your reading ability.
- D. And the most important advantage of reading is that it helps develop your habits.
- E. Finding a long-term reading habit is also important for you to reach reading goals.

Word Bank
wander 走神
distraction 注意力分散
respect 尊敬

【短语】

make sure _____
get away from _____
take down _____

【写作佳句】

Not only does this show respect to the teacher **but also** help **prevent** your mind **from** wandering.

【我来积累】

读写积累

【单词】

skill *n.* _____
create *v.* _____
encourage *v.* _____
truly *adv.* _____
helpful *adj.* _____

【短语】

start off _____
would like to do sth. _____
remind sb. to do sth. _____

【写作佳句】

Once you have **set** your reading **goal for** a year, you'll need a list to fill it up.

【我来积累】

Word Bank
pattern 模式
career 职业

第二节 段落还原型 (10 年 1 考:2018)

话题四 人物经历

(10 年 1 考:2018)

Passage 16 (2020 丹东改编)

文体:记叙文 主题词:公交车上的友谊 词数:318 做题时间:6 分钟

Once again, Myra sat alone on the bus. Even after two weeks at her new school, Myra had not made any friends. And on the bus ride home, she sat alone.

1. _____

But none of them joked and laughed with her. Just thinking about it made her head hurt and her stomach feel funny.

2. _____

But what if the girl didn't want to be her friend? Maybe she already had a lot of friends. What if the girl ignored her? What if she laughed at her? Myra stared at the floor of the bus. Finally, she took a deep breath to relax and smiled at the girl. The girl smiled back.

3. _____

The girl's smile grew. "I'm Nadia! Yes. I'd like to sit next to you."

4. _____

And on the bus ride home, they sat together. When it came time for Myra to get off the bus, she turned to her new friend. "Bye, Nadia! I'll see you tomorrow!"

5. _____

Myra got off the bus. She turned around and waved to Nadia. Then she watched as the bus drove away. A big smile spread across Myra's face. She had made a friend, a friend who was going to save her a seat tomorrow. She could hardly wait.

Word Bank

ignore 忽视
slide 滑行

- A. Nadia smiled, "Good-bye, Myra. I'll save you a seat."
B. At the next stop, Nadia slid into the seat next to Myra. They joked and laughed the whole way to school.
C. Myra said, "Hi, I'm Myra. Do you want to sit next to me?"
D. One day, as Myra sat alone on the way to school, she looked at the seat across from her. She saw a girl sitting all by herself. The girl looked lonely, too. Myra wondered if she should say hello.
E. Myra could not understand why no one wanted to be her friend. Other kids joked and laughed with each other.

Passage 17 (素材选自 ENGLISH PICTORIAL)

文体:记叙文 主题词:夏令营经历 词数:337 做题时间:6 分钟

Will couldn't wait for September when school would start. It was early August, and he was at the same summer camp he had been going to for the last five years.

1. _____

By the middle of August, Will couldn't stand it anymore. He had enough of the horses, enough of the baseball games and enough of the camp food.

2. _____

His mother answered in a letter which said, "If you really want to leave, I will talk to him about it."

3. _____

读写积累

【单词】

alone *adj.* _____
ride *n.* _____
spread *v.* _____
hardly *adv.* _____
lonely *adj.* _____
wonder *v.* _____

【短语】

laugh at _____
smile at _____
next to _____
turn to _____

【写作佳句】

She had **made a friend**, a friend **who** was going to **save her a seat** tomorrow.

【我来积累】

读写积累

【单词】

stand *v.* _____
imagine *v.* _____
taste *v.* _____
disappoint *v.* _____
comfortable *adj.* _____

【短语】

look forward to _____
pick up _____

During that last week, Will was looking forward to the meal that his mom would be making. So every time he ate a camp meal, he imagined he was eating his mom's cooking. All of a sudden, the food didn't taste as bad as before.

4. _____

The teacher asked Will which horse he might feel better riding. Then Will was assigned to Misty for the last week, and he started to like horseback riding.

5. _____

When Will's parents came to pick him up from camp, he said to them in all honesty, "This was the best summer at camp ever."

Word Bank

assign 分配

- A. As for the baseball, Will never liked it because he didn't like playing it at all.
B. Will was still too worried about disappointing his dad, so he wrote back to his mom and asked his mom if she would make his favourite meal when he got home.
C. His dad went to the camp when he was a boy and loved it, so Will didn't want to disappoint his dad by telling him that he didn't even like it.
D. Will decided to be honest with his camp teacher. He told the head teacher that he wasn't comfortable with the horse.
E. He wrote to his mom and asked her if she would pick him up early, but he didn't want his mom to tell his dad.

话题五 全国其他高频话题

Passage 18 (2020 株洲改编)

文体:记叙文 主题词:爷爷奶奶的花园 词数:329 做题时间:6 分钟

A long time ago, my grandparents moved into a new house with 4 daughters. Because work was hard to find, Grandpa did whatever jobs he could. He and Grandma dug a garden to grow some food.

The house had a big front yard with tall trees. Grandparents planted vegetables on one side of the yard and flowers on the other side.

1. _____

The family grew up, and the grandchildren came. Grandparents still planted their garden. Everyone still enjoyed the food from the garden.

2. _____

So they made it a little smaller. There was still much to eat from the garden and lovely flowers to enjoy.

However, at 89, Grandpa couldn't move and then died.

3. _____

One sunny day in the early summer, Grandma saw a big group of bees flying between two tall trees. Slowly the bees entered a hole up in one of the trees. Soon after, all bees disappeared into their new home.

4. _____

One day, Grandma's brother Frank visited her. Grandma told him the story about the group of bees. Frank told her that bees pollinated vegetables and flowers and helped them grow. Just then Grandma understood the reason for the result she had got.

5. _____

Thanks to Grandpa's bees, the family could still have much food to eat and lovely flowers to enjoy every year. The help of the bees continued, just as Grandpa's love.

Word Bank

pollinate 对……授粉

be worried about _____

be honest with _____

【写作佳句】

Will **couldn't wait for** September when school would start.

【我来积累】

读写积累

【单词】

dig v. _____

grow v. _____

plant v. _____

disappear v. _____

【短语】

on the other side _____

from...on _____

take one's place _____

【写作佳句】

There was still much **to** eat from the garden and lovely flowers **to** enjoy.

【我来积累】

- A. That autumn, Grandma got a great deal of vegetables.
- B. So the next spring, Grandma planted only a small garden.
- C. Years later, it became harder for Grandparents to keep the garden.
- D. Everybody worked to keep the garden growing. Later, the family ate food from the garden and enjoyed the beautiful flowers.
- E. From that time on, Grandma always believed that since Grandpa couldn't be there to help her that summer, he had sent the bees to take his place and made Grandma's little garden grow and grow.

Passage 19 (素材选自 ACTIVE SKILLS FOR READING)

文体:记叙文 主题词:曾雅妮的故事 词数:235 做题时间:7 分钟

Yani Tseng is one of the brightest stars of the golfing world. By the age of 22, she had achieved things most golfers could only dream of. She had been named LPGA Player of the Year twice, and was the youngest professional golfer.

1. _____

At 13 years old, she told her father she wanted to take up golf as her job.

2. _____

Brittany Lang, who came second to Yani at the Women's British Open in 2011, calls her "unbelievable". She says Yani is "so mentally strong and she's so confident. She's just got it all."

3. _____

Because she was shy about her English, people thought Yani was a very quiet person. Yani's coach, Gary Gilchrist, says that studying English has helped Yani change this. "She worked so hard to improve her English," said Gilchrist.

4. _____

Once, before a game near her home in Florida, Yani invited a number of golfers and golf reporters to her place for a dinner party. Halfway through the party she decided to dress up as Harry Potter, and even gave a speech wearing her black coat.

5. _____

Yani is also an inspiration to people trying to pick up English. Her advice to English learners is "keep talking. I'm not afraid to be talking to other people, no matter what I say."

Word Bank	
golfing	高尔夫
mentally	精神上
inspiration	鼓舞

- A. Today Yani is well-known for her big smile and sense of humor. She loves to chat and joke with reporters, fans, and other golfers.
- B. Yani started playing golf when she was very young, thanks to her parents who are both golfers. Her father gave her a set of golf clubs when she was only five years old.
- C. Just one year later, Yani won the Callaway Junior World Golf Championships and went on to become the top player in Taiwan. She finally started playing in professional games when she was 18 years old.
- D. As a teenager, Yani looked up to adult golfers like Annika Sorenstam and saw them as her role models. Today she herself hopes to inspire young girls to take up golf, the same way Sorenstam influenced women golfers.
- E. But Yani was not always so confident especially off the golf course. When she first left her home to start playing in international games, she didn't speak English very well. She tried to communicate with other golfers and had to be helped by people who could speak English well.

读写积累

【短语】

take up _____
 a number of _____
 dress up _____
 give a speech _____
 be well-known for _____
 thanks to _____
 look up to _____
 role model _____
 hope to do sth. _____

【写作佳句】

By the age of 22, she had achieved things most golfers could only **dream of**.

I'm not **afraid to** be **talk-ing to** other people, **no matter what** I say.

【我来积累】